

Registration

Please return this form by **Friday, April 21, 2017**, to the **Mississippi Kidney Foundation**, P. O. Box 55802, Jackson, MS 39296 or fax to 601.981.3612. You may also register by calling the Mississippi Kidney Foundation at 601-981-3611.

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____

Please check one:

I am on dialysis. Where? _____

I am a transplant recipient.

Please list your guests:

During the conference, your guests will have the opportunity to receive a **FREE screening for kidney disease**. With just one simple finger stick, and one drop of blood, in 30 seconds, test results will reveal if their kidneys are functioning properly.

Mission

The mission of the **Mississippi Kidney Foundation**, chartered in 1965, is to serve Mississippi kidney patients by providing quality programs and services, to provide education and screening to promote the prevention of kidney disease and to promote organ donation throughout the state.

3000 Old Canton Road, Suite 110
Jackson, Mississippi 39216

P. O. Box 55802, Jackson, MS 39296

601.981.3611
601.981.3612 (FAX)
1.800.232.1592
www.kidneymms.org

Gail Sweat

Executive Director
gail@kidneymms.org

Gina O'Connell

Patient Services Coordinator
gina@kidneymms.org



2017 Annual Patient Conference

Living Successfully With Kidney Disease

A conference designed for kidney patients, kidney transplant patients, as well as kidney patient family members/caregivers

8:30 a.m. – 2:45 p.m.
Sunday, April 23, 2017

MS Organ Recovery Agency (MORA)

4400 Lakeland Drive
Flowood, MS 39232

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KIDNEY
FOUNDATION

PRESENTED BY

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www.kidneymms.org

Living Successfully With Kidney Disease Sunday, April 23, 2017



8:30am - 9:00am

Registration & Continental Breakfast

9:00am - 9:15am

Welcome

Gail Sweat, Executive Director, MS Kidney Foundation

9:15am - 10:15am

Working Together to Improve Your Health

Your Healthcare Team is on Your Side!

You Are Not in This Alone

I'm Here to Help!

Patrice Jenkins, PhD, Social Worker, Diversified Renal Group

Eat Right to Feel Right

And Don't Sugarcoat It!

Laureé Chabert, MS, RDN, LD, UMMC

If Not Now... WHEN?

Being in Charge of Your Health

Bridgette Knott, RN, Fresenius Kidney Care

10:15am - 11:00am

Know Your Numbers

Lab Tests... Did You Pass?

Dr. Mohit Ahuja, Nephrologist, Central Nephrology

11:00am - 11:15am

Break

11:15am - 11:30am

Support Group

Let's Get Through This Together!

Bonnie Coleman and **Brenda Dyson**

11:30am - 12:00 noon

Chair Yoga

Move, Stretch, Strengthen and Simply Let Go!

Lee Parrott, Certified Chair Yoga Instructor

12:00 noon - 12:30pm

Lunch, provided by Newk's

Sharing Time for Patients

12:30pm - 1:00pm

Care for the Caregiver

Care Givers Need Care Too!

Lee Parrott, LCSW, Lead Social Worker, Fresenius Kidney Care

1:00pm - 1:45pm

Transplantation Works!

Are You on the List?

Dr. James Wynn, Surgeon, UMMC Department of Transplantation

1:45am - 2:45pm

Attitude and Determination

Urine Inspiration!

Sam Trevino, Dialysis Patient/Transplant Recipient, Motivational Speaker

Why Should You Attend...

- To be empowered by the knowledge you will acquire
- To broaden your network of peer support by meeting others
- To receive answers to important questions about your care
- To be motivated and inspired

Educated patients are more prone to actively participate in their treatment therapies. The Mississippi Kidney Foundation's conference format provides excellent opportunities for kidney patients to learn and ask questions about areas of interest that are important to them. The conference will be a FREE day-long event that will begin with a continental breakfast and will also include lunch. The conference agenda will include several featured speakers. There will also be time to be inspired and motivated! There will be lots of door prizes and give-a-ways. You will not leave empty-handed! **We encourage each patient to bring 1-3 adult family members.**

Sam Trevino

MOTIVATIONAL SPEAKER

Motivational speaker, **Sam Trevino**, is a former dialysis patient, transplant recipient, and now a patient advocate/motivational speaker. Sam was diagnosed with Glomerulonephritis at the age of 13, and he was on dialysis for 17 years. He then lovingly received a kidney from his wife. Sam's upbeat attitude, sunny disposition and humor enabled him to develop the blog Urine Inspiration. Sam's goal is to educate patients about living a full life in the face of medical challenges. You will not want to miss this!